

Children today learn, communicate, and grow online, yet many parents lack clear and practical support to guide them.

INNOTECH's **DT4E/Parents (Digital Technology for Education of Parents)** offers free, research-based infographics, 2- to 4-minute videos, and short podcasts that build parents' confidence and practical digital skills to:



support children's learning at home,



promote responsible technology use, and



help children navigate online risks with confidence.



Who can use these resources?



parents and caregivers of K-12 learners in Southeast Asia



school heads, teachers, guidance counselors



community leaders organizing parent sessions on digital parenting

Share DT4E/Parents resources during:



Parent-teacher conferences



School orientations



Homeroom advisories



Digital parenting sessions

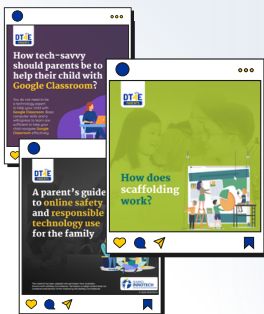
How can families use DT4E/Parents?

Digital parenting happens through everyday conversations and decisions. DT4E/Parents is designed to **support those moments**—whether you're introducing a new app, discussing responsible online behavior, helping with schoolwork, setting healthy technology habits, or guiding children through online risks. The resources provide practical, research-based guidance that families can confidently apply in everyday life.



7 new infographic sets

Understand mobile apps, support children's learning, and start meaningful conversations about responsible technology use through easy-to-follow visual guides.



21 new short-form videos

Explore real-life parenting situations and practical strategies that help families support learning, navigate online risks, and build healthy digital habits.



2 podcast episodes

Watch and listen in on meaningful conversations between a parent and a registered psychologist as they share strategies for reflecting on and improving your family's digital habits.



Access the resources on our DT4E/Parents Hub:
bit.ly/DT4EParentsHub

All DT4E/Parents resources are free and may be used for non-commercial purposes with proper attribution to INNOTECH.